



CANARA BANK RETIRED OFFICERS' ASSOCIATION (Regd.)

(Registered under the Trade Union Act 1926)

(Affiliated to AIBPARC)

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CIRCULAR NO. 1/2016

28th March, 2016.

X Biennial Conference at Coimbatore

On 23rd and 24th July, 2016.

NOTICE TO ALL THE MEMBERS

NOTICE is hereby issued that the X Biennial Conference and the General Body of our Association will be held at Coimbatore, Tamil Nadu on Sunday, the 24th July, 2016 at the following venue to transact the business as per the agenda given below.

**RAJASTHAN SANGH, 579, D B ROAD, R S PURAM,
COIMBATORE – 641002,**

AGENDA

1. To approve the Report of the General Secretary.
2. To approve the Audited Statement of Accounts of the Association for the years ended 31.03.2014, 31.03.2015 and 31.03.2016
3. To amend the Rules and Bye-laws of the Association notice for which has been received at least 15 days before the date of the Conference by the Central Committee.
4. To consider and pass any resolution moved by the delegates, if any, for which 15 days notice is given prior to the date of General Body
5. To appoint the Auditors for the coming years covering the Biennial period.
6. Any other matter with the permission of the Chair
7. To elect the Office Bearers and Central Committee Members, for the next term.

NOTE:

1. All the Members whose annual subscription is up-to-date or who is a Life member will be delegates to the X Biennial Conference
2. Non receipt by any member of this notice or copies of Resolution and or amendments to the Rules and Bye-laws, if any to be moved in the Meeting shall not invalidate the proceedings of the said Meeting.
3. Members who are desirous of moving any resolutions or amendments to the Rules and Bye-laws of the Association shall give 15 days clear notice to the General Body and forward the same to reach the Central Office of our Association on or before 8th July 2016.

BENGALURU
28.03.2016

(K B Ballur)
General Secretary

WELCOME TO COIMBATORE
X BIENNIAL CONFERENCE OF OUR
ASSOCIATION ON 23RD AND 24TH
JULY,2016

Dear Friends,

A Hearty welcome to Tamilnadu a land with twenty centuries of continuous cultural history. The greatest attraction of Tamilnadu lies in its magnificent temples, beautiful beaches, several hill stations, unspoilt forests, resorts and wild life sanctuaries. People of Tamilnadu are very hospitable and welcome the tourists and visitors in a very unique and warm manner.

It gives me immense pleasure to extend all our delegates, observers, patrons a hearty welcome to Coimbatore, "The Textile Capital of South" or "The Manchester of South India." Situated on the banks of the river Noyyal, it is one of the busiest industrial cities in Tamilnadu. It is the second largest city in the state with many engineering and electronic industries, foundries, IT Companies. The sprawling city is surrounded by coffee and tea plantations, besides major irrigational projects. The city is a leading education centre with the University of Agricultural Sciences, College of Forestry, Engineering Colleges, Medical Colleges etc. With reputed Hospitals in the City Coimbatore has emerged as a major centre for Medical Tourism. Coimbatore existed even prior to the 2nd Century A D as the capital of a small tribal kingdom Kongunad, until it was brought under Chola control in the Second century AD by Karikala Cholan. When Kongunad fell to the British, along with the rest of the state, its name was changed to Coimbatore.

The first textile mill came up as far as back in 1888. There are now over a hundred mills. The city is in close proximity to river Shiruvani. The water of the river is the sweetest one in the world. The city is a cosmopolitan centre representing a miniature India and is known for its pleasant weather and hospitality.

It is a matter of great pride and honour for all of us at Coimbatore as we have been given the opportunity to host the X Biennial Conference at this sprawling commercial centre. We also feel proud to have been associated with the **20th Anniversary celebration of our Association**. You are all aware of the fact that our Association has completed 20 years of its meaningful and fruitful existence. It has become a pan-Indian organisation with our membership spread throughout the country. Right from its inception our Association has made sincere and honest,

concerted and planned efforts to bring one or the other benefit to the retirees of our Bank. As an affiliate of All India Bank Pensioners and Retirees Confederation, our Association has made all out efforts to draw the attention of IBA as well as the Government to the long pending issues of pensioners / retirees in the Banking industry. Through the structured forum of Joint Meeting with the Management of our Bank, our Association has been able to resolve effectively many issues of our retired colleagues and has tried to stand up to the expectation, hopes and aspiration.

Our Team at Coimbatore is making all out efforts to make the Conference a big success. As the Conferences held earlier have set a benchmark, we are trying hard to better our performance and excel in all the areas.

While every effort will be made to put things in a spic and span manner, by the Reception Committee, we solicit suggestions for organising the Conference in a very befitting manner.

Friends, all roads lead to Coimbatore for celebration of life by the elderly people who have in their own way contributed immensely for the development of the country by being part of our beloved Bank, CANARA BANK, which always cared for the common man, the poor, the downtrodden, the farmers, the village artisans, small business enterprises etc.

Welcome to Coimbatore for celebration of the elderly, get-together of elders from all over the country. The occasion will be a confluence of our Members from Kashmir to Kanyakumari, Assam to Gujarat, representing retired Officers' community from all grades. It will be a perfect replica for national integration, unity in diversity.

A hearty welcome to one and all to make the programme a big success. We look forward to participation by our members in very large number and script a new chapter in the history of our Association.

We are happy to inform you that the following functional committees have been formed with our office bearers/activists from Coimbatore. We request you to be in touch with the heads of the Committees for any help or assistance.

ORGANISING COMMITTEE.

Shri. M S SOUNDARRAJAN
Mob No. 09443752554.
Email : mail2mss.adv@gmail.com

FINANCE COMMITTEE.

Shri. R SRINIVASAN
Mob No. 09443061312.
Email : srinivasan2610@yahoo.com

ACCOMODATION COMMITTEE.

Shri. N PERIASWAMY
Mob No. 09442272772.
Email : canara_swamy@yahoo.co.in

TOURS & TRASPORT COMMITTEE.

Shri. G SREEKANNAN
Mob No. 09443754730.
Email : g.sreekannan@gmail.com

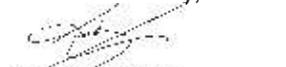
Accommodation Committee has booked adequate number of Hotel Rooms which will be provided to the Members who are interested on payment of actual tariff in advance. Written requests should be made sufficiently in advance to the Chairman Reception Committee, amount to be remitted in advance by Demand Draft payable at Coimbatore. The demand Draft should be drawn in favour of **CANARA BANK RETIRED OFFICERS' ASSOCIATION : ACCOMMODATION COMMITTEE, X BIENNIAL CONFERENCE, 2016, drawn on Coimbatore** and sent to **Sri. E SAMPATH KUMAR Vice President CBROA, Mobile. 09442709414, Residence: 31-32, RAMALINGANAGAR, I ST LAYOUT, SAI BABA MISSION POST, COIMBATORE -641011.**

All the letters/ correspondence should be sent in a cover preferably by speed post and addressed to the Chairman Reception Committee, as indicated above.

Kindly mention the Staff and Membership Number in all your correspondence besides full address with Pin Code Number of the place, telephone number with STD Code/Mobile Number / E-mail address for quick communication.

With best wishes to all our Members.

Yours sincerely,



(E SAMPATHKUMAR)

Chairman, Reception Committee.

HONOURING THE MEMBERS WHO HAVE ATTAINED THE AGE OF 75+ YEARS.

As part of CBROA's initiative to recognise the services rendered by the Members who have attained the age of 75+ years, and make them feel wanted, we have the tradition of honouring such Members. As a part of this initiative, we will be honouring our Members at Coimbatore on 23.07.2016, the inaugural day of the X Biennial Conference. Such of those Members who have completed or completing 75+ years of age as on 01.07.2016, will be eligible for felicitation. By

honouring and felicitating such members for having rendered yeomen service in Canara Bank, we in CBROA deem it a great privilege to honour such Members and it is honouring ourselves.

A separate notice will be sent to all the eligible Members extending them invitation to attend the conference and receive our felicitations. We request such Members to update their subscription or become LIFE MEMBERS of the association.

PLACES OF INTEREST IN AND AROUND COIMBATORE.

The city serves as an entry and exit point to the neighbouring states of Kerala and Karnataka. It is well connected by Air, rail, road to all the cities of our country. It can be made as the base for visiting Nilgiris, Ooty, Kotagiri, Munnar the hill resorts and the temple town of Palani etc.

BOTANICAL GARDEN

Situated in the corner of the city near the campus of Agricultural College and Research Institute, it is hundred year old botanical garden, famous for its beautiful layout. Started in 1908, it was developed into a modern Horticultural Park. There are at present nearly 700 species plants and trees in the garden, most of them being of ornamental value. The sunken Garden, a cascading water way, Japanese ornamental garden, Topiary garden and paddling pool are the chief attractions of this place.

INDIRA GANDHI WILD LIFE SANCTUARY

Formerly known as Annamalai Wild Life Sanctuary, it is situated at the northern extreme of the Cardamom Hills in the Western Ghats and has a fairly large population of lion-tailed Macaque and Nilgiri Langur, wild animals like Tiger, Panther, sloth bear, porcupine, civet cats and many species of birds can be spotted here. This is one of the best places for the nature lovers. Around the plantations of Karaishola and Anaikonta Shola, there are a few beautiful water falls. Situated 96 kms away from Coimbatore, Jeep Safari and Elephant Rides can be arranged to go around the scenic beauty.

ISHA YOGA FOUNDATION

Isha Yoga Centre, founded under the aegis of Isha Foundation, is located on 150 acres of lush land at the foothills of the Velliangiri Mountains. Surrounded by thick forest, it is a part of the Nilgiri biosphere, a reserve forest with abundant wildlife.

The Centre Houses the architecturally distinctive Spanda Hall and Garden, a 64,000 sq ft, meditation hall and programme facility that is the venue for many residential programmes catering

to various groups. Every week thousands of people converge at this unique meditation centre to seek out inner peace and well being. Also located in the Yoga Centre is the Isha Rejuvenation Centre and Isha Home School. The Vanaprastha accommodation on the premises is designed to give people with families the opportunity to come and be involved with the Centre. A large residential facility houses an active international community of Brahmacharis, fulltime volunteers, guests and visitors, making it a vibrant hub of activity and an optimal environment to pursue one's growth.

The Yoga Centre can be visited during the time 6.00 am to 8.00 pm on all the days.

MARUDHAMALAI TEMPLE.

Marudhamalai Hills Arulmigu Subramanyaswamy Temple is situated at a height of about 500 ft in a plateau on the Western Ghats, 15 km North West of Coimbatore amidst lush vegetation and salubrious climate. Dedicated to Lord Muruga, the temple is one of the six main abodes of the God. Set against the backdrop of hazy blue hills dotted with shrubs and bushes of varied hues, the sacred shrine verily reflects the picture of Lord Muruga magnificently mounted on his vehicle peacock, flaunting and swaying its feathers and plume in full bloom. As the mountain here abounds in Marudhar trees, it has come to be known as Marudhachalam. Marudhamalai is also called Marundhmalai, for it is overgrown with shrubs and bushes of medicinal properties. The holy shrine of Marudhamalai is believed to remove both physical and mental afflictions and attachments as the hill abounds in medicinal herbs. The pleasant breeze and peaceful environment bring harmony and quietness to the minds of devotees.

BLACK THUNDER

Black Thunder is situated at a distance of 41 kms from Coimbatore and 40 kms from Ooty. Asia's No.1 Water Theme Park, is nestled in natural beauty with the Green Hills of the Nilgiris for a backdrop and the cooling shelter of the trees. An idyllic hideaway? Wait! Look around again and you will see people everywhere screaming and shouting with excitement. Jumping and sliding, swimming and floating of thrilling adventurous rides spread over an area of 65 acres. Let the adrenaline flow and experience exhilaration as never before.

The nearest railway stations are Mettupalayam, Coimbatore and Thiruppur and the Airport is Coimbatore.

BETHESDA INTERNATIONAL PRAYER CENTRE

Bethesda International Prayer Centre is set amidst the scenic splendor of the Siruvani Hills, 25 kms away from the Industrial City of Coimbatore. The landscape surrounding the Prayer Centre is beautiful with hills, waterfalls, green pastures and rivulets, providing the most peaceful atmosphere for prayer and meditation. The prayer warriors are ready to pray every day 24 hours to get miracles from Lord Jesus. The Prayer Centre is open on all days from 6.00 am to 8.00 pm.

ALL SOULS CHURCH

All souls Church is located on Race Course Road, 1.5 kms from the railway station and 10 kms from the airport. This Church was built in the year 1870. The first seeds of Christianity for Coimbatore City were sown for All Souls Anglican Chapel, located where we now have the Anna flyover on Avinashi Road.

KALLAR HORTICULTURE FARM

Kallar Horticulture Farm is part of the state Horticultural Farm under the Department of Horticulture. A place of natural beauty with Kallar Waterfalls complementing, it attracts thousands of tourists from all over the world. Though Farm is being run by the Horticulture Department for the conservation of vegetation, the place is open to tourists with minimal charges. Facilities are provided to sit and enjoy the serene panoramic view. The farm is located on Mettupalayam route to Ooty.

MAHARAJA THEME PARK

Located close to the Neelambur bypass Road on the Coimbatore-Salem national Highway, Maharaja Theme Park has the most attractive features of the Theme Park from not only in India but also from outside the world, without losing sight of the fact that these should provide an affordable experience to the public. Apart from the common entertainment facilities, it has multiplex with two theatres. It also houses a mini golf course and an auditorium. Park Timing 10.30 am to 6.30 pm.

SRI SAI DWARAKA TRUST

The Temple is exact replica of Dwaraka Mai (Masjid) of Shirdi. This is the only kind of Temple (Replica of the Masjid) in Tamil Nadu for Sri.Shirdi Sai Baba. The temple is located at Shrinagar, Near Bharathi Colony, Peelamedu, Coimbatore.

G D NAIDU MUSEUM

Sri.Gopaldaswamy Doraiswamy Naidu, is a famous inventor and Engineer who is referred as the Edison of India. He is credited with manufacturing the first electric motor in India. His contributions were primarily industrial and span the fields of electrical, mechanical, agricultural

(Hybrid cultivation) and automobile engineering. First of all he was a scientist but he studied up to only third standard. There is a museum in the memory of Sri. G. D. Naidu where vintage cars and vehicles are on display.

SINGANALLUR BOAT HOUSE.

The cool breeze enveloping the area makes one forget the grueling summer. It is boating time and those living in the vicinity of the Boat House of the Coimbatore Municipal Corporation, do not wish to miss out on the fun. The crowd is predictably high during weekends. The Boat House has three steamer boats, three towing boats and 40 pedal boats. People can boat between 9.00 am and 7.30 pm

PERUR SHIVA TEMPLE. (12 kms from Coimbatore)

Perur, also called as Tiru Perur or Melai Chidambaram is a small village ideally situated on the banks of river Noyyal and has the famous temple dedicated to Lord Shiva as Pattishwara or Nataraja. The unique collection of carvings in the Kanaka Sabha is a feast to the eyes.

AVINASHI SHIVA TEMPLE. (45 kms from Coimbatore).

In this satellite city of Coimbatore, the Shiva Temple is a famous pilgrim centre. Known by various names as Pukkaliyur, Dakshina Kashi and Dakshina Prayag, the Avinasheshwara in the shrine is said to be a self-manifesting Linga. Goddess Parvathi is known here as Karunambika. The first enclosure of the Temple contains some beautifully carved sculptures and idols along with the 63 Nayanmars. The temple chariot is one of the biggest in this part of the country.

KANNIYAMMAN TEMPLE.

Located almost in the Central part of the city, this ancient temple of the village Goddess was a popular shrine in the olden days. The deity has the origin even from the days of Karikala Cholan, when the old temple was located at Shakanoor Pallam. Known as the patron deity of the city, it has now been developed as a modern temple visited by many devotees.

THIRUMURTHY TEMPLE.

Located at the foot hills of Udumalpet and 20 kms away from Udumalpet, there is a temple dedicated to Thirumurthy and Amaralingeshwara. A perennial stream called Shiruvani flows past the temple, which later forms a beautiful water falls popularly known as Shiruvani Water Falls. This is an excellent picnic spot.

AMARAVATHI DAM.

Located at 20 kms away from Udumalpet, the dam has been constructed just at the point where the plains become clearly discernible from the surrounding hills with narrow valleys of thick forests which abound in many wild animals including tigers, bisons, elephants. A cruise in the reservoir by motor launch presents a good scenery of forests and deep gorges.

LOWER BHAVANI DAM.

Located at 70 kms from Coimbatore, this is one of the major irrigational projects of Tamilnadu. The reservoir is called Bhavani Sagar, has been constructed across the river Bhavani, covers a vast area, the dam traversing a length of 8 kms. In this reservoir also, a cruise by motor launch is a rewarding experience. The Shiva temple of Sangameshwara is situated at the confluence of the river Cauvery with Bhavani, which is a popular place of worship. Situated amidst beautiful natural surroundings, it forms an excellent place for picnic.

UDAGAMANDALAM (OOTUCMAND OR OOTY)

Located at 89 kms from Coimbatore, Udagamandalam, popularly called Ooty is known as The Queen of the Hill Stations. It nestles on the Nilgiri range at an altitude of 2,286 meters. The extraordinary scenic beauty of this place matched by the salubrious climate makes it the most favoured hill station in the south. The rolling meadows, lush gardens and placid lakes are all reminiscent of the British era. Ooty still retains something Indian in its cottages and stone arches and offers many profiles of nature, each imbued with a distinctive grandeur. The original inhabitants of Ooty were the Todas, a colourful pastoral tribe. Perhaps no other hill station has so much to offer as Ooty does. There are quite a number of interesting places to see in this region.

BOTANICAL GARDENS.

The beautifully landscaped Botanical Gardens was developed in 1847 as a small kitchen garden by the Marquis of Tweeddale. Today a variety of exotic and ornamental plants adorn the garden. A fossil tree trunk said to be 20 million years old is found in the midst of the garden. There are spacious lawns of Kikui Grass, giant exotic trees and huge flower beds. A sprawling Cedrus Deodora tree dating back to 1893 is a favourite of visitors. The hundred year old Fern House is

another attraction in the garden. The summer festival of flower show is held every year in May, which attracts a large number of tourists. This garden is a favourite of the botany enthusiasts.

OOTY LAKE.

The artificial lake was constructed in 1824 by the then collector John Sullivan. Set amidst scenic surroundings, the lake offers facilities for boating. Pony rides along the road are also popular. A toy train is another attraction to the children. The children's lake garden is located close by. Located at a high point, a little away from the residential area is the Church, one of the oldest, noted for its stained glass paintings and Gothic style.

DODDABETTA PEAK.

A much frequented place, the highest peak of the Nilgiris, 2,633 meters high, Doddabetta offers a breathtaking view of the Hill ranges, plateau and plain around. At the top of the peak, there is an observatory fitted with telescopes to facilitate clear view of the distant valleys.

KALHATTI WATER FALLS.

A mountain stream cascading down into the valley from a height of 36 meters, provides an enchanting view in the calm and quiet surroundings. It is an ideal place for picnic and trekking.

AVALANCHE LAKE.

A beautiful reservoir surrounded by thick Sholas which abound in many species of birds. It is not only a nature lover's paradise but also a popular place excellent for bird watching and photography.

GLENMORGAN VALLEY.

This is a deep valley which has the famous electric power generating stations of Tamilnadu. There is an electrically driven winch of the Electricity Board to go down and reach the Pykara power house at Singara. This is a unique hydro-electric project in Asia utilising a steep fall of 1,030 metres. The Moyar Power House is a little away from Singara. Kundah Hydro-electric project can be reached by a motorable road. Prior permission is necessary to visit these places.

MUDUMALAI WILD LIFE SANCTUARY.

Situated on the way to Mysore adjacent to the Bandipur and Waynad sanctuaries this has a variety of wild animals including rare species of deer, like musk deer and barking deer. Many species of birds also can be seen here. Very popular for herds of elephants, bisons, antelopes and many others. Tourists can go into Teppakadu in the heart of the sanctuary to see the wealth of

wild life. Watch towers have been constructed to enable wild life enthusiasts to stay overnight in the forest. There is an elephant training camp at Teppakadu. Prior permission is necessary to go into the interior of the forest.

MUKURTHI NATIONAL PARK.

This national park situated to the west of Ooty is one of the most picturesque wild life reserves. Bordering Kerala and spread over an area of 78 sq kms, Mukurthi is the house of the rarest wild life. The scenic splendour along its path is unparalleled. This park holds the highest population of Nilgiri Tahr in the world, next only to Ernakulam National Park in Kerala. The park is a paradise for bird lovers and abounds in a wide variety of birds. Mukurthi and its surrounding forests offer some of the toughest but most scenic trekking paths in South India. Prior permission is necessary to enter the park.

COONOR.

Situated at an altitude of 1712 metres, Coonoor is the popular retreat for many as its climate is slightly milder than Ooty. Set amidst the backdrop of the Nilgiri Mountains, the beautiful plantation town is known as the Queen of Nilgiris. The main attraction of Coonoor is the Botanical Garden popularly known as Sim's Park which was established in 1874. There are lovely flower beds, lawns and rockeries. Many rare commercial trees and herbs are grown here. Breathtaking view points are Dolphin's Nose, Lamb's Rock and Lady Canning's Seat. Some of the ancient Churches at Coonoor are worth visiting, particularly for their Gothic art and stained glass panels. The Fruit Research Station located here, conducts annual fruit shows.

WEELINGTON.

On the way to Coonoor, the Defence Services Staff College is situated at Wellington, amidst the cool, green atmosphere of the Nilgiris. It is an Institution of pride which has served as a model for the British also. Started in 1947, the DSSC is a unique Institution of international repute, which trains personnel from all the three forces together and thus has set up a model for other countries.

PASTEUR INSTITUTE.

Coonoor's most famous Institute is the Pasteur Institute established in 1907, where research work on Rabies is carried on regarding treatment for the victims suffering from the attack. It also produces the anti-serum vaccine for rabies given to pet dogs and other animals. Walks and drives at Coonoor include those of Tiger's Hill and Walker's Hill and Lovedale

KOTAGIRI.

Visitors who prefer a milder climate choose to stay at Kotagiri. The winding roads afford excellent view of the valleys. This is called as the Little Pearl of the Nilgiris. Kotagiri has lovely green fields and a fine Golf Course. This was the first spot to be developed as summer resort.

RANGASWAMY PEAK.

This is a peculiar formation of rock naturally located at an altitude of 1,785 metres. Local tradition ascribes divine sanctity to this rock calling it as Rangaswamy Pillar.

Udgamandalam can be reached easily by road from Coimbatore or from Mysore.

PLACES CLOSEBY TO COIMBATORE WHICH ARE ON THE MUST VISIT LIST**YERCAUD**

Situated on the Shevroy Hills and 32 kms away from Salem, at a height of about 1500 metres above the sea level is a famous Hill Resort. The air in the place is fresh, pure and invigorating. Coffee, tea, cardmom and pepper plantations thrive on the hill slopes. Coupled with verdant tranquil environment and many beautiful natural sights, Yercaud has won itself a popular name as the Jewel in the Crown of Tamilnadu state. There is a fine all weather road leading up to the top of the hill from Salem.

There are a few interesting places to visit on this hill.

THE LAKE.

The first thing that attracts the visitor on the hills is the beautiful lake, the pride of Yercaud, situated at the heart of the town. A perennial mountain spring feeds the lake. Apart from being an excellent picnic spot, boating is a popular sport.

KALLIYUR WATER FALLS.

This is the only waterfalls at Yercaud. Amidst sylvan surroundings, the stream cascades from a height of 20 metres into the valley.

KODAIKANAL

One of the finest Hill stations in India known as the Princess of Hill Stations, Kodaikanal is 135 kms from Coimbatore, is noted for its sunny and equable climate and for its enchanting beauty. It stands amidst great sylvan beauty on the southern crest of the upper Palani Hills at a height of 2133 metres above sea level. Its luscious greenery, wooded slopes, lakes and enchanting waterfalls form a visual treat to the visitor. Fruits like plums and plantains grown abundantly apart from a wide variety of flowers. The pride of Kodaikanal is Kurunji, a rare flower which blooms once in twelve

years making the hill slopes a blaze of purple. The place has been developed as a health resort. With its many lakes and rocky escarpments, it is suited for a quiet rest as well as for vigorous relaxation.

PLACES OF INTEREST IN KODAIKANAL**KODAIKANAL LAKE.**

The star shaped lake spread over an area of 24 hectares is the main attraction of the hill station. Fishing and boating are the main sports here.

COAKER'S WALK.

A picturesque walk running along a steep slope on the southern side of the hills. It provides an excellent view of the plains below.

BRYANT PARK

Situated on the eastern side of the lake is a beautiful park where periodical flower and horticultural shows are held.

PILLAR ROCKS.

Deriving the name from the three boulders standing shoulder to shoulder vertically to a height of 122 metres providing a panoramic view, this place is a popular picnic spot.

ORCHID MUSEUM

Known as Shembaganur Museum, it was founded by the Sacred Heart College, a Theological Seminary, in 1895. This remarkable house is having more than 300 species of orchids. This is a popular place for botanists and garden enthusiasts.

MUNNAR HILL STATION IN KERALA.

Situated at 166 kms from Coimbatore, Munnar has been developed as a Hill Station with its clean, pure air and attracts many tourists from all parts of the country who visit South India on a tour programme. Located at an altitude of about 1800 metres at the confluence of three mountain streams, the hill station really soothes the spirit and satisfies the soul. It is a paradise for the nature lover, bird watchers and photographers. Munnar is delight for the trekkers and campers also. One could trudge upto Madupetty Lake, 13 kms away, for an excellent boating in the glorious solitude. Pothamedu view point is a popular place for seeing the expanse of valleys and reservoirs around. The Rajamalai or Iravikulam National Park is the home of the Nilgiri Tahr, a rare species of mountain goat that lives along the sheer rock face of the mountains. Strawberries are in plenty, all around are vast tea plantations. A beautiful golf-course is maintained at Kundale located in the Central Plain area. Munnar has lovely lodgings to suit the budget of the tourist to enjoy a liberating experience.

TOPSLIP : POLLACHI

TOPSLIP the "Pollution free heavenly abode" is located above 800 ft from the sea level on the Annamalai mountain range. The unique teak forests, bamboo forest are also located near Topslip. Valparai and Topslip are small places within the Indira Gandhi National Park and Wild life Sanctuary lies in Coimbatore District of the southern part of the Nilgiri Biosphere Reserve in the Annamalai Hills.

ANNAMALAI WILD LIFE SANCTUARY

This sanctuary is situated at an altitude of 1,400 meters in the Western Ghats near Pollachi. The area of the sanctuary is 958 sq kms. It has various kinds of exotic fauna like Elephant, Gaur, Tiger, Panther, Sloth Bear, Pangolin, Black headed Oriole, Green Pigeon and civet cat. The Amaravathy reservoir in the Annamalai Hills, has a large number of crocodiles. Arrangements are available at Topslip to take tourists around the sanctuary on elephant back or by van.

ATHIRPILLY FALLS

It is near the entrance of the Sholayar range and is place of great scenic beauty. Here the water plunges from a height of nearly 80 feet before joining the Chalakudi river. This picturesque spot is adjacent to dense green forest and is a part of Chalakudi river in Kerala.

VALPARAI HILLS.

Valparai Hills in Western Ghats (Annamalai) is a green carpet, made of tea plantations covering a 3,000 to 5,000 feet high plateau that spreads over 217.87 Sq.Kms. It is a paradise for nature lovers. The only pollution free Godly land on earth. Prior to the beginning of plantations in the 1980s, it was a solid evergreen tropical forest. Eeven today, the hill is rich in flora and fauna. There is a huge population of elephants, panthers, tigers, lion tailed black monkeys, sambars, brown flying squirrels, bisons, bears, wild boars, wild dogs, wild goats and porcupines. Rare birds like jungle fowls, partridges, peafowls, green and blue pigeons can be sighted often. Horn bills are in plenty. The present day plantations mostly consist of tea, coffee and pepper mostly owned by big corporate houses providing employment opportunities to thousands of people. The place is located at a distance of 104 kms from Coimbatore.

CHINNAKALLAR FALLS.

Chinnakallar is a geographically important place as it is the region that receives the second highest rainfall in India. It is about 27 kms east of Valparai. It is known as Cherrapunji of Tamilnadu. A hanging bridge built across the falls, is full of enchantment and thrill. This area is always found wet and misty.

The place is full of greenish, dense forest with tall, majestic trees which create a pleasant abience around. The falls sounds like a roaring lion.

PARAMBIKULAM NATIONAL PARK

It is a reservoir of tranquil greenery, ensconced in a valley between the Annamali ranges of Tamilnadu and the Nelliampathy ranges of Kerala. The area is hilly and rocky, drained by several rivers including the Prambikulam, the Sholayar and the Thekkady rivers. Thickly forested with stands of bamboo. Sandalwood, rosewood and teak, the sanctuary has some marshy land and scattered patches of grassland. Parambikulam was once home to some of South India's finest stands of Kannimari Teak tree, the largest in Asia as most of these have now been replaced by teak plantations. One of the oldest Teak trees more than 500 years old, is still alive in Sheikalmudi forest are of Valparai Taluk, which measures 90 feet height and 23.5 feet girth. The tree is about 5 kms from Thunakadavu and is one of Parambikulam's prime attractions.

SHOLAYAR DAM

This is the second highest masonry dam (345 feet) in Asia, which is 24 kms away from Valparai and the beautiful Athirampalli Falls (Kerala State). The length of the dam measures about 6-7 kms. This dam is constructed in Chalakudy river. Being situated on the border of Kerala, this place always attracts tourists not only from Tamilnadu but also from Kerala and all over the country.

PLACES IN KERALA (BORDER STATE) CLOSE BY TO COIMBATORE**PALGHAT OR PALAKKAD****COCHIN / ERNAKULAM : Harbour****GURUVAYUR SHRI.KRISHNA TEMPLE.****HOTEL ACCOMMODATION FOR OUR DELEGATES, OBSERVERS AND WELL WISHERS.**

Coimbatore City being a cosmopolitan Centre with many educational institutions, universities, Engineering Colleges, many big industries, has umpteen number of Hotels. The Hotel accommodation at Coimbatore is bit expensive but our office bearers /activists have made their best effort to keep the tariff at a low level by bargaining hard with the Hotel Managements, to suit the wallets of our retired colleagues. We have identified some of the Hotels for accommodating our Delegates, observers and well wishers, who are attending the Conference to be held on 23rd and 24th July, 2016.

1. We furnish here below the details of the Hotels identified by us for accommodating our delegates, observers and well wishers coming from all over the country.

NAME & ADDRESS OF THE HOTEL	NO.OF ROOMS AC /NON AC	TARIFF FOR TWIN ACCOMODATION	TAX / SERVICE TAX
HOTEL TAMILNADU No.2 Dr Nanjappa Road, opp Central Bus Stand, Gandhipuram COIMBATORE- 641018	DOUBLE NON -AC 40 ROOMS Phone: 0422-2302176	Rs. 1100/- 20% discount on Room tariff	12.5+ 8.7%
HOTEL,ESS PARADISE # 20, Nehru Street Near Kavita Theatre, Ramnagar, COIMBATORE 641009 Ph : 0422-2230276	DOUBLE NON - AC, 10 ROOMS DOUBLE-AC ROOMS, 10 ROOMS NON-AC TRIPLE OCCUPANCY	Rs 990/- Rs.1595/- Rs.1300/-	
HOTEL ASHWINI 352, Nehru Street Near Kavitha Theatre Ramnagar COIMBATORE- 641009	NON-AC DOUBLE ROOM, 30.ROOMS Phone:0422-2233405 0422-2235454	Rs.900/-	10% TAX
HOTEL LEGEND'S INN 76,77 StateBank Road, Opp Railway Station, COIMBATORE- 641108.	NON-AC DOUBLE 10, ROOMS AC DOUBLE 10, ROOMS Phone:0422- 4350000/4355555 Mob.88707 30003	Rs. 1100/- Rs. 1500/-	12.5+8.7% 12.5+8.7%
HOTEL R J GRAND 48, T V Samy Road (West) R S PURAM COIMBATORE 641002	NON -AC DOUBLE 8, ROOMS A C DOUBLE 8, ROOMS Phone:0422-2546000 2547000	Rs.990/- Rs.1450/-	

HOTEL LEMON PARK 17, Senguptha Street Ramnagar COIMBATORE 6410009 (Near CITY TOWER)	A C DOUBLE 7, ROOMS Phone:0422-2235356	Rs.1200/-	12.5+8.7%
HOTEL SUGAM Opp RAJASTAN Sangh, R S PURAM COIMBATORE 641002.	NON- AC DOUBLE 20. ROOMS	Rs.1418/-	12.5+8.7%
SAI VILLA 11/1,East Venkataswamy Road R S PURAM COIMBATORE 641002	DORMITORY BEDs 23 in EACH FLOOR GROUND FLOOR & Ist FLOOR AC Accommodation Can Accommodate Upto 60 Persons	Rs.35000/- Per day For Both Floors.	
HOTEL VIJAI Gandhipuram Coimbaatore....	NON-AC DOUBLE 20. ROOMS Phone: 0422-2230503	Rs.990/-	10% TAX

REQUEST LETTER FOR BOOKING OF ROOMS

Name _____ Email _____

Address _____ Mobile _____

Membership No. _____ Staff No. _____ No. of Persons / Family _____

Room Required : _____ No. of Days _____

D.D. for Rs. _____ is enclosed.

Date of Arrival : _____ Date of Departure : _____

Bus/Train No. : _____ Bus/Train No. : _____

Time : _____ Time : _____

Whether Accommodation required for twin sharing with family _____

Tours proposed if any _____

TERMS AND CONDITIONS:

1. Accommodation is on twin sharing basis.
2. **Check out time is 24 hours, from the Time of arrival.**
3. Our members coming with their families, can opt for exclusive AC or NON-AC Room.
4. **Accommodation is provided against advance booking by the members who are attending the Conference by sending a Demand Draft in favour of CANARA BANK RETIRED OFFICERS' ASSOCIATION : ACCOMMODATION COMMITTEE, X BIENNIAL CONFERENCE, 2016, drawn on Coimbatore, for the number of days the accommodation is required.**
5. The accommodation charges are to be borne by the members who are attending the Conference.
6. We will reimburse the to and fro journey fare for **Second Sleeper class (Non-AC).**
7. Members are requested to take note of the above and plan their journey and inform the above Office bearers of our Association well in advance about their arrival at and departure from Coimbatore, Train No. Name of the Train, Arrival Time.
8. As getting accommodation at Coimbatore is bit difficult, we request our Members to book the Hotel Accommodation well in advance and avoid the last minute pressure.
9. While every effort has been made to fix suitable, decent, affordable accommodation to our Members, the choice of accommodation with the mentioned tariff is your decision.
10. Our Members desirous of undertaking tour of places like Ooty, Munnar, Yercaud or local sightseeing we have made arrangement with Local Tour Operators, to enable you to plan your sightseeing or tour of some places worth visiting.
11. **Last date for booking the Hotel Accommodation is 30.05.2016.**
12. Hotel Accommodation in a particular Hotel is on first come first served basis. On this basis if accommodation is filled-up, accommodation will be provided in another Hotel and differential tariff will be borne by the Member.
13. Members are requested to indicate clearly as to how many days they would like to occupy the hotels, with the checking –in and checking-out time.
14. We request you to extend your support and co-operation in making the Conference a big success.

Please go through the following points and be guided accordingly.

1. Members present at the Conference duly registered will constitute Delegates for the General Body/ Biennial Conference.
 2. This Circular letter is to be treated as the Notice Required to be issued under the provisions of the Bye-laws of the Association and no individual notice/letters/ invitations will be sent. This circular is Being posted to all the Members of CBROA.
 3. Members who are in arrears of subscription including the financial year 2015-16, are requested to clear the same by 31.05.2016. possibly to enable them to attend the General Body and take part in the Conference as a Delegate and participate in the deliberations and voting. However they can attend the General Body meeting as a delegate and participate in the voting by clearing the arrears at the time of Registration ie. Before commencement of the Delegate session.
 4. The members are also requested to bring cheque for payment of subscription for the current year ie. 2015-16. Any donation will be gladly accepted.
- ### **5. TRAVELLING ALLOWANCE:**
- (i) Delegates who attend the Biennial Conference their to and fro journey fare shall be paid by the Association ie. **II class sleeper fare or Super Deluxe Luxury Bus fare, whichever is lower.** No local conveyance or transport expenses will be paid.
 - (ii) Wherever Senior Citizen concession is available, Kindly avail the same.
 - (iii) No local conveyance/Auto/Taxi fare at both ends will be reimbursed.
 - (iv) Reimbursement will be only on production of original proof of journey “ like Train/ Bus Ticket etc”

CHANGE OF ADDRESS, PHONE NO., MOBILE NO AND Email ID.

PLEASE INFORM US CHANGE IN ANY OF THE ABOVE INFORMATION. AS AND WHEN YOU RELOCATE, SHIFT FROM YOUR EXISTING ADDRESS, KINDLY INFORM BY WAY OF A LETTER OR BY Email. Please state your PIN No as Post Office relies on this number for speedier delivery of letters.

INFORMATION REGARDING POSTING OF CIRCULARS AND COMMUNICATIONS FROM OUR END.

ALL OUR COMMUNICATIONS IN FORM OF LETTERS, CIRULARS ETC ARE POSTED AT OUR JAYANAGAR OR BASVANAGUDI POST OFFICES. ALL ADDRESSES ARE COMPUTER GENERATED STICKERS / PRINTED ADDRESSES FOR CLEAR DISPLAY.

OUR REQUEST TO THOSE OF YOU WHO CONTINUE AS ANNUAL SUBSCRIPTION PAYERS, PLEASE CONVERT YOUR MEMBERSHIP TO LIFE MEMBERSHIP

PLEASE UPDATE YOUR SUBSCRIPTION - THOSE IN ARREARS HAVE BEEN SENT WITH NOTICE. WE REQUEST YOU TO BECOME LIFE MEMBER - CHICK WITH US FOR AMOUNT PAYABLE TO BECOME LIFE MEMBER, CALL US ON, PHONE: 080-26640003, QUOTING YOUR MEMBERSHIP NO.



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CIRCULAR No. 1/2016
If not delivered please return to :

The General Secretary
**Canara Bank Retired
Officers' Association**
No. 1 & 70, First Floor, 9th Main,
III Block, P. Box No. 1162, Jayangar,
Bangalore - 560 011. Ph : 080-2664 0003
Fax : 080-2654 1655 Email : cbroablr@gmail.com

To,
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